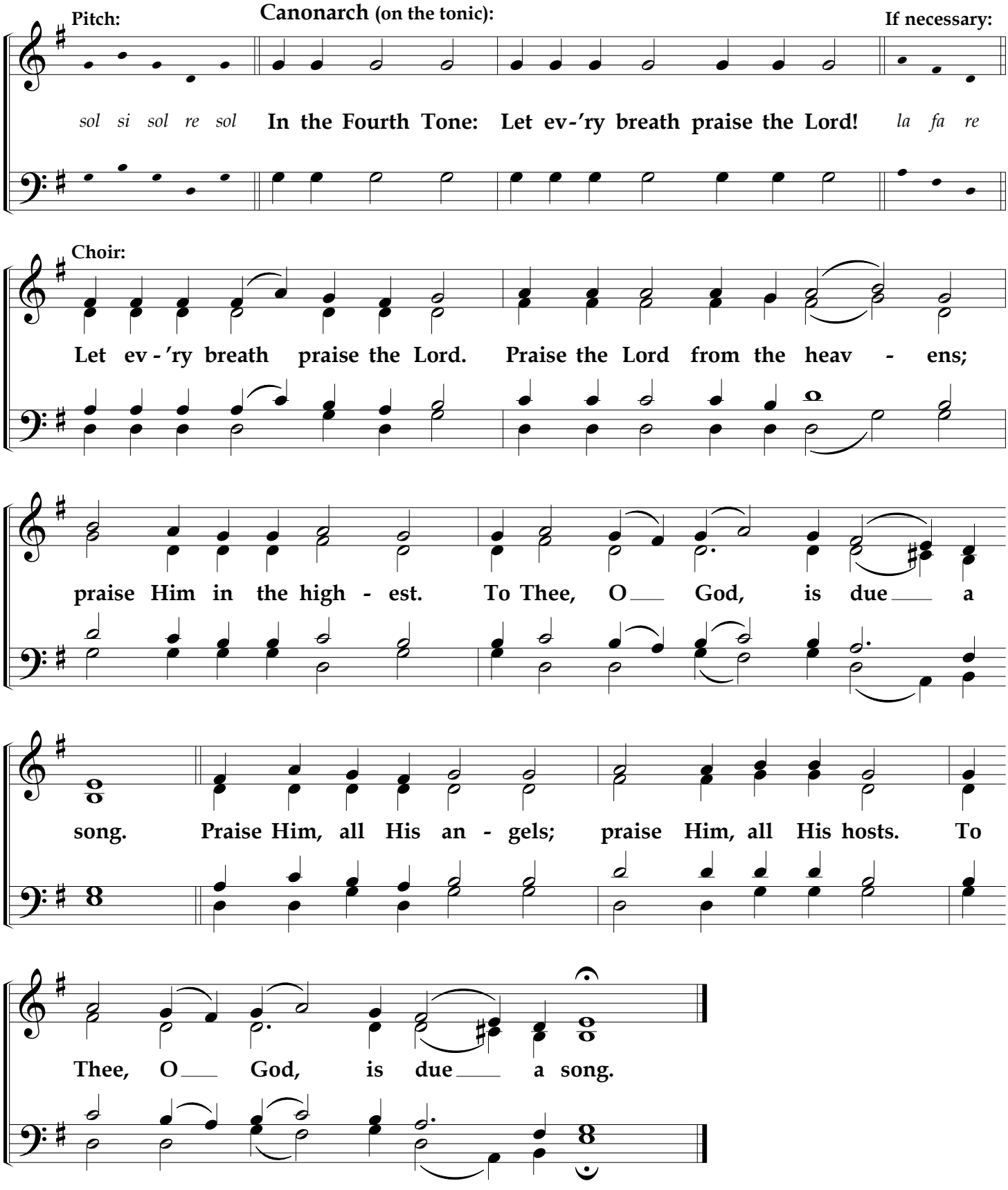
The Praises (Lauds)
Tone 4

Kievan Chant
arr. B. Ledkovsky

Soprano Melody

Rev. John Joseph Kotalik IV – New World Kliros – jjkotalik@gmail.com

Laudatory Psalms (Psalms 148-150)

Omitted in many parishes; if being read, should be read antiphonally.

Praise him, sun and moon;
  praise him, all ye stars and light.
Praise him, ye heavens of heavens,
  and ye waters that are above the heavens.
Let them praise the name of the Lord;
  for he spake, and they were made;
    he commanded, and they were created.
He hath established them for ever and ever;
  he hath made a decree which shall not pass away.
Praise the Lord from the earth,
  ye dragons, and all deeps:
Fire, and hail; snow, and ice;
  stormy wind; fulfilling his word:
Mountains, and all hills;
  fruitful trees, and all cedars:
Beasts, and all cattle;
  creeping things, and flying birds:
Kings of the earth, and all peoples;
  princes, and all judges of the earth:
Both young men, and maidens;
  old men, and children:
Let them praise the name of the Lord;
  for his name alone is exalted.
His glory is above the earth and heaven;
  and he hath also exalted the horn of his people;
This is the praise for all his saints;
  for the children of Israel,
    for the people that draw near unto him.

Sing unto the Lord a new song,
  let his praise be in the church of the saints.
Let Israel rejoice in him that made him;
  and let the children of Zion
    be joyful in their King.
Let them praise his name in the dance;
  let them sing praises unto him
    with the timbrel and harp.
For the Lord taketh pleasure in his people;
  and will exalt the meek with salvation.
The saints shall rejoice in glory;
  and shall be joyful upon their beds.
Let the high praises of God be in their mouth;
  and two-edgèd swords in their hands;
To execute vengeance upon the nations,
  and punishments among the peoples;
To bind their kings with chains,
  and their nobles with fetters of iron;

We then sing on up to six verses:
(with two additional verses added on Sundays and Feasts)

On Sundays and Feasts, we sing on 6:

(6) To execute upon them the judgement written;
  * this glory shall be to all his saints.
(5) Praise God in his sanctuary;
  * praise him in the firmament of his power.

At lesser commemorations, we sing on 4:
(and if abbreviating the Sunday Stichera)

(4) Praise him for his mighty acts;
  * praise him according to his
    excellent greatness.
(3) Praise him with the sound of the trumpet;
  * praise him with psalt'ry and harp.
(2) Praise him with the timbrel and dance;
  * praise him with strings and flutes.
(1) Praise him upon the well-tuned cymbals;
  praise him upon the cymbals of jubilation.
  * Let ev'ry breath praise the Lord.

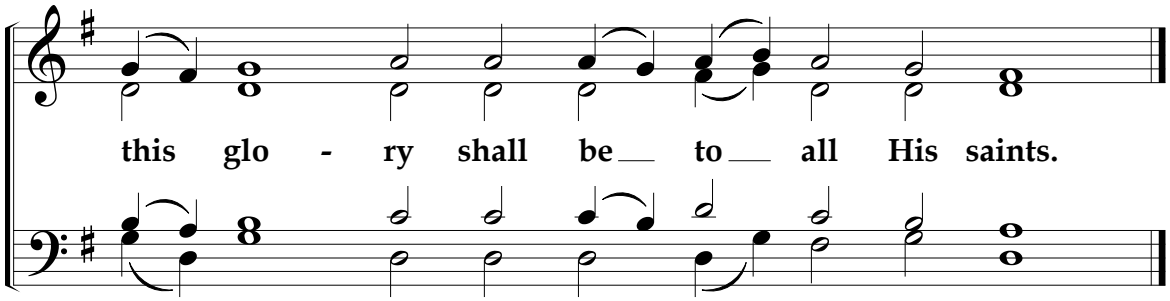
On Sundays, if not supplanted by festal verses, we add the following verses:
(omitted if abbreviating the Sunday Stichera)

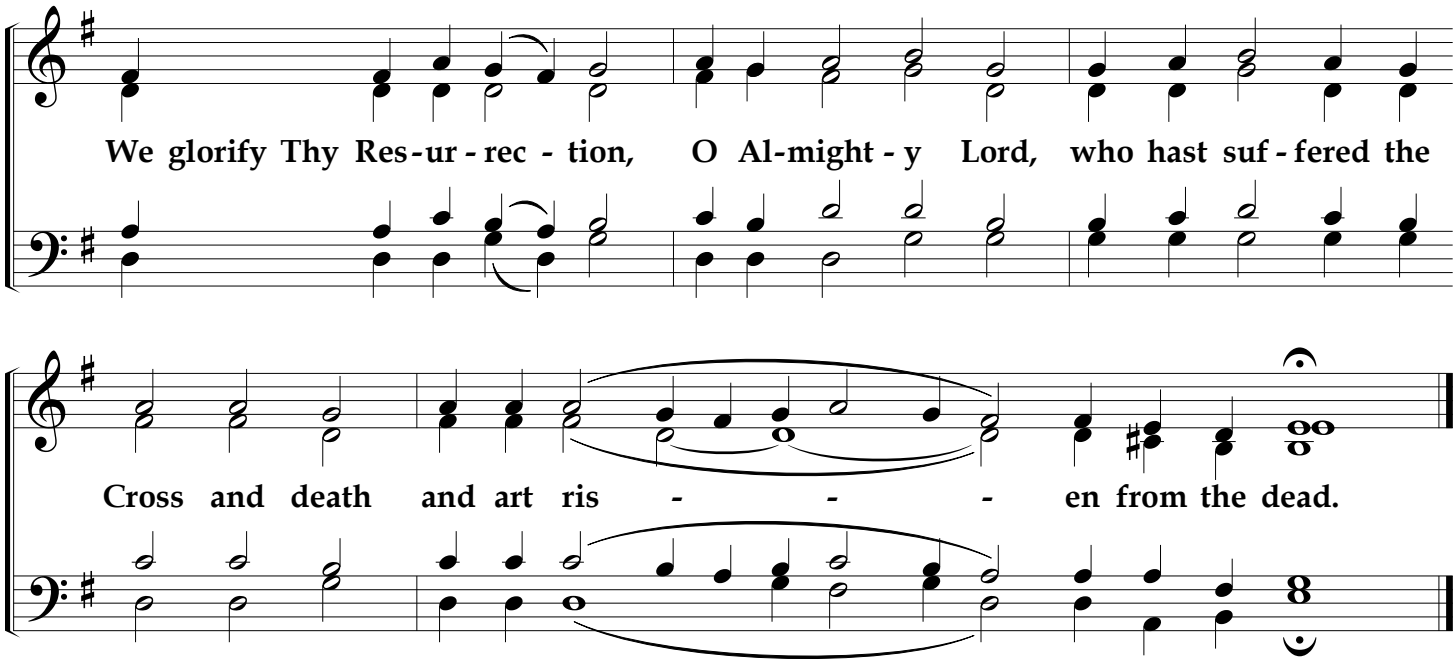
℣. Arise O Lord my God, lift up thy hand; *
  * forget not Thy poor for ever.
℣. I will praise Thee, O Lord, with my whole heart;
  * I will speak of all Thy marv'llous works.

We then conclude:

Glory to the Father, and to the Son, and to the
  Holy Spirit.

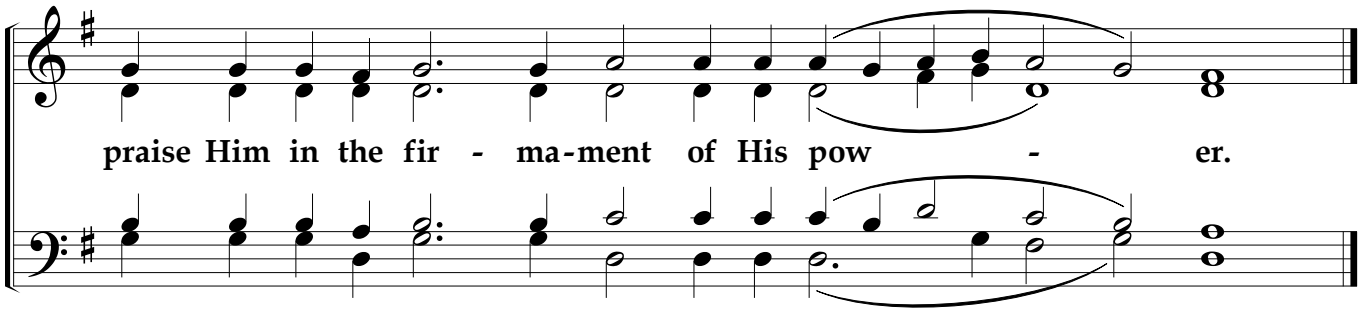
Now and ever, and unto ages of ages. Amen.

(6) To execute upon them the judgement written;

Resurrectional Sticheron 1:



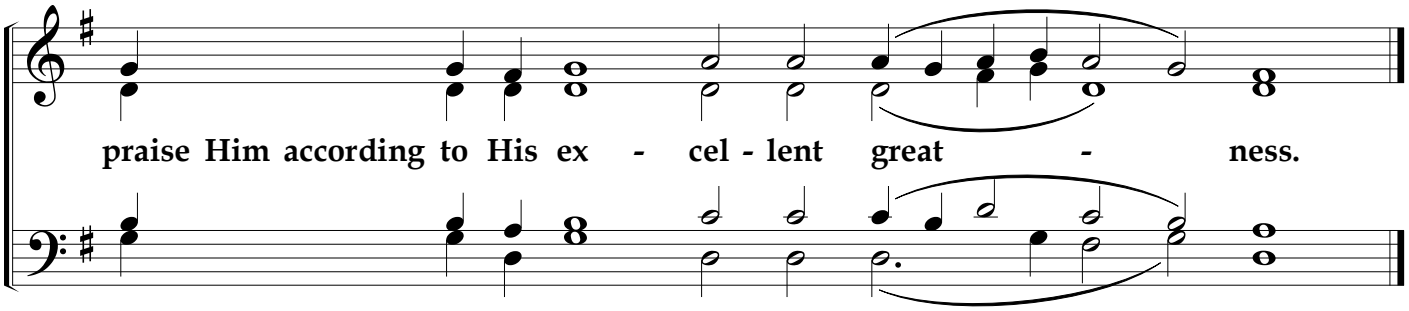
In many parishes, the remaining Psalm verses and stichera are simply read.
If doing so, one reader should take the Psalm verses, and a second reader the stichera.

(5) Praise God in His sanctuary;



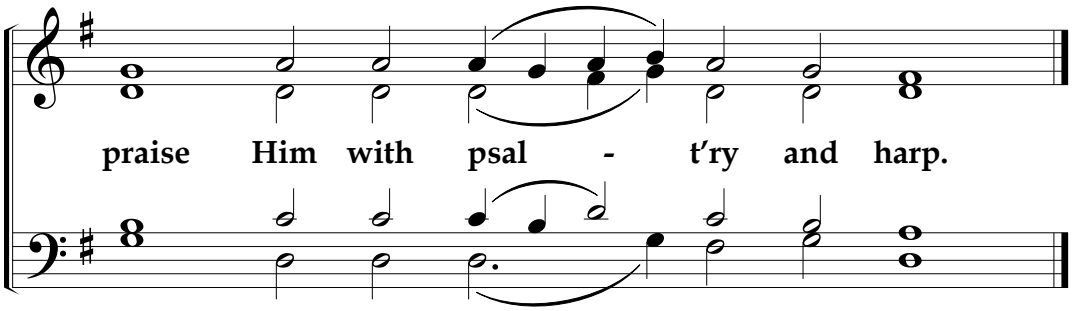
By Thy Cross, O Christ,
Thou hast set us *free* from the ancient curse,
and by Thy death hast Thou laid low the devil
who *tor*mented our nature;
while all things have been filled with joy by Thy Resurrection;
therefore we cry unto Thee:
Glory to Thee, O Lord, //
who art risen from the dead.

(4) Praise Him for His mighty acts;



By Thy Cross, O Christ our Saviour,
set us on the way of Thy truth,
and deliver us from the snares of the enemy;
O Thou who art risen from the dead,
raise us up, who are fallen through sin.
Through the prayers of Thy saints,
stretch out Thine arm to us, //
O Lord who *lov*est mankind.

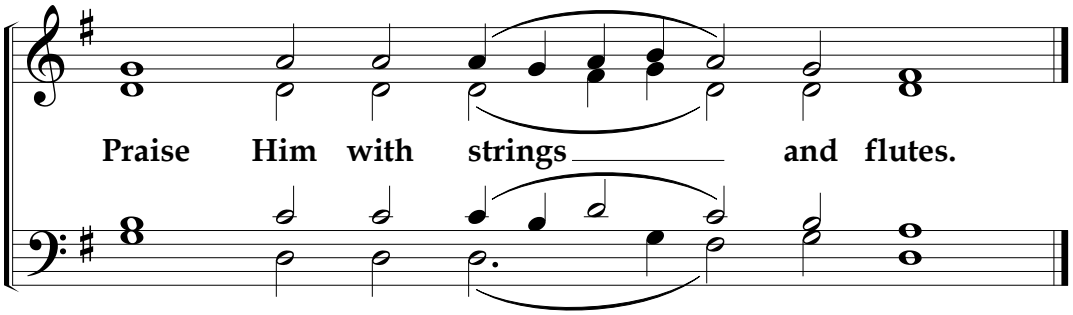
(3) Praise Him with the sound of the trumpet;



With**out** leaving the bosom of the Father,
O *on*ly-begotten Son of God,
Thou hast come to earth in Thy love for man,
and be*com*ing man with***out*** change
Thou didst endure the Cross and death in the flesh,
O Thou who art impassible in Thy divinity;
and *hav*ing risen from the dead,
thou hast granted mankind immortality, //
for Thou alone art Almighty.

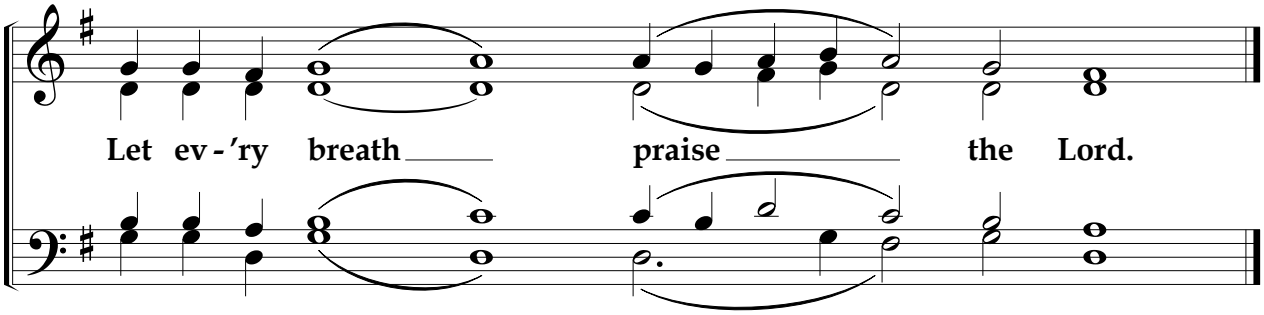
If there are stichera appointed by the Menaion/Triodion/Pentecostarion, they begin here, in place of the Resurrectional (Sunday) Stichera.

(2) Praise Him with the timbrel and dance;



Thou hast taken upon Thyself death in the flesh
and hast *med*iated that we might be immortal
and Thou hast dwelt in the tomb that we might be free from hell,
and suff'ring as man,
Thou hast risen as God,
having raised us with Thyself.
Therefore we cry unto Thee:
Glory to Thee, O Lord and Giver of Life, //
who alone lovest mankind.

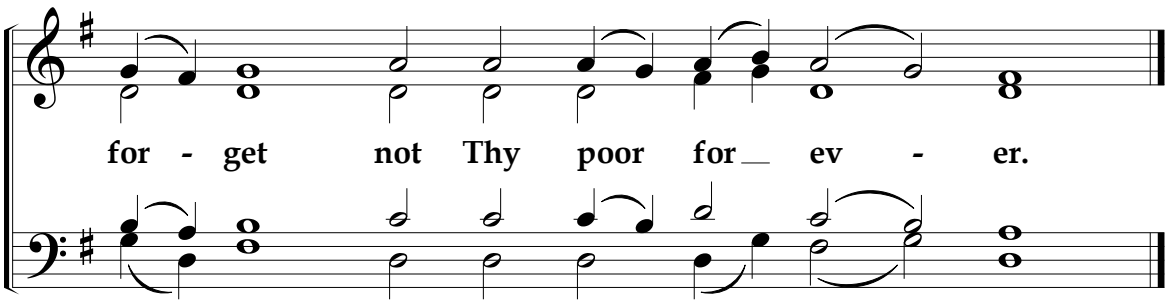
(1) Praise Him upon the well-tuned cymbals;
praise Him upon the cymbals of jubilation.



The stones fell
when Thy *Cross* was planted on Golgotha, O Saviour,
and the gatekeepers of *hell* were struck with fear
when *Thou* wast laid in the tomb as dead.
For Thou hast destroyed the power of death
and by Thy Resurrection, O Saviour,
Thou hast *grant*ed incorruption to all the dead. //
Glory to Thee, O Lord and Giver of Life.

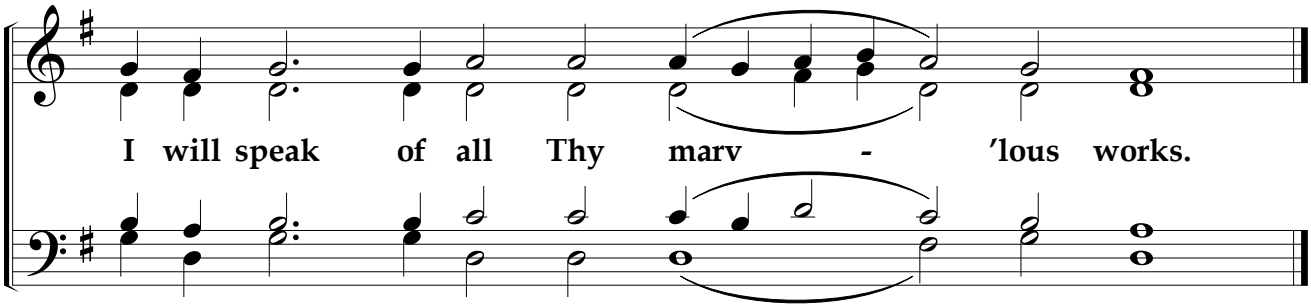
If a Vigil-Rank Commemoration falls on a Sunday, the Sunday verses, below, are replaced with the proper verses from the Aposticha of Festal Vespers.

℣. **Arise O Lord my God, lift up thy hand;**



The women wished to behold Thy Resurrection,
O Christ our God,
and Mary *Mag*dalene went before them
and found the stone rolled away from the tomb,
and an angel sitting there who said:
Why seek ye the living among the dead?
He is risen as God, //
that He *might* save the world.

℣. **I will praise Thee, O Lord, with my whole heart;**



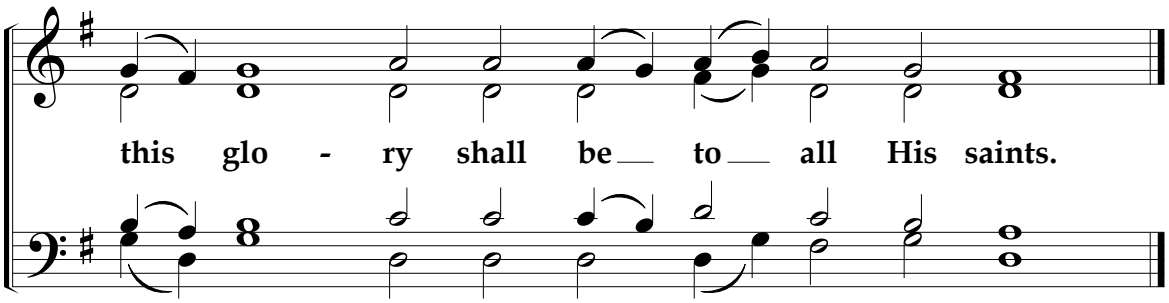
Where is Jesus
Whom ye thought ye had under guard?
Tell us, O Jews, where is *He* who was laid in the tomb,
up*on* which seals were put?
Give up the dead, O ye who rejected Life!
Yield up the body,
or be***lieve*** on the Risen One!
And if ye keep silence about the rising of the Lord,
the stone rolled away from the **tomb** will itself cry out.
Great is Thy mercy,
great is the myst'ry of Thy dispensation: //
O our Saviour, glory to Thee.

We then chant the Sticheron of the Resurrectional Gospel which was read, followed by the Resurrectional Theotokion, 'Most blessed art thou…'.

(if the Gospel Sticheron is replaced, it is chanted after the Dismissal of Matins, before the beginning of the First Hour)

Laudatory Verses
Tone 4

Kievan Chant
arr. B. Ledkovsky

(6) To execute upon them the judgement written;

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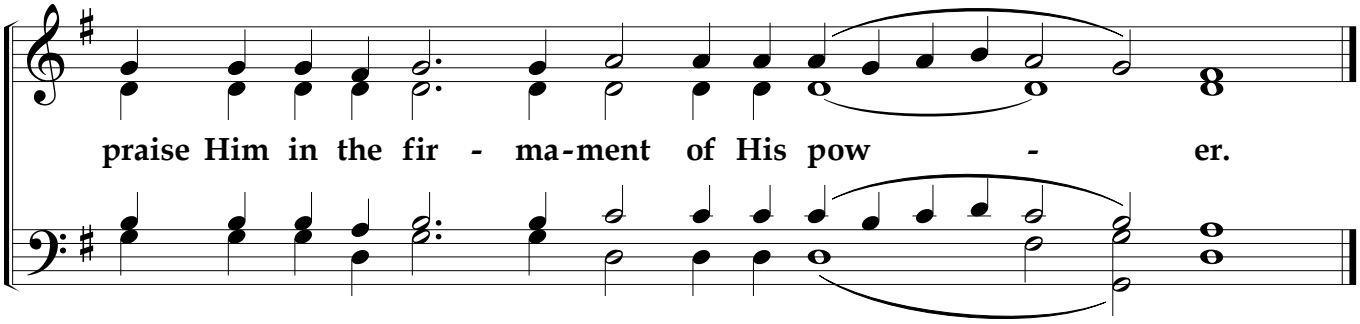

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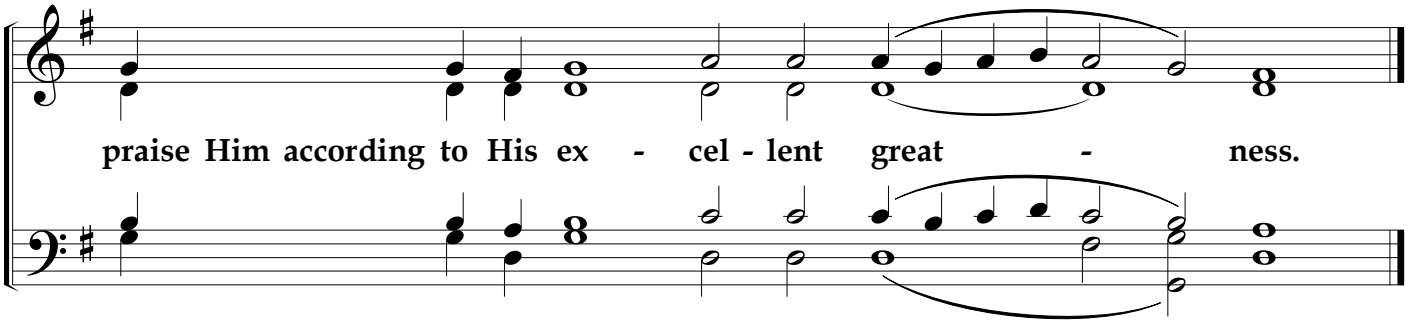

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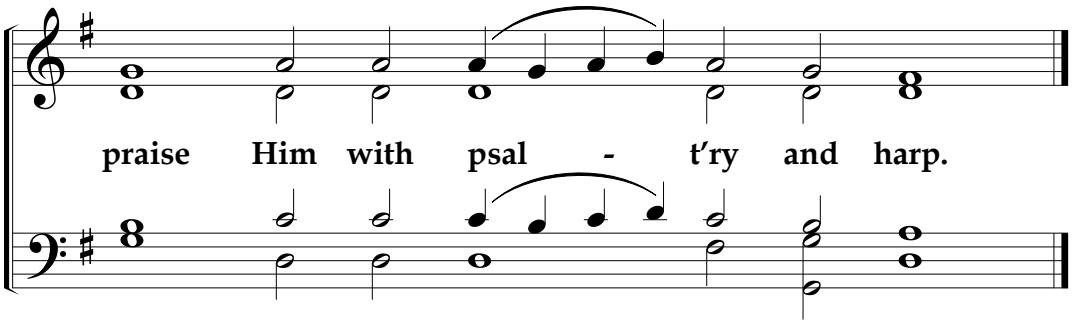

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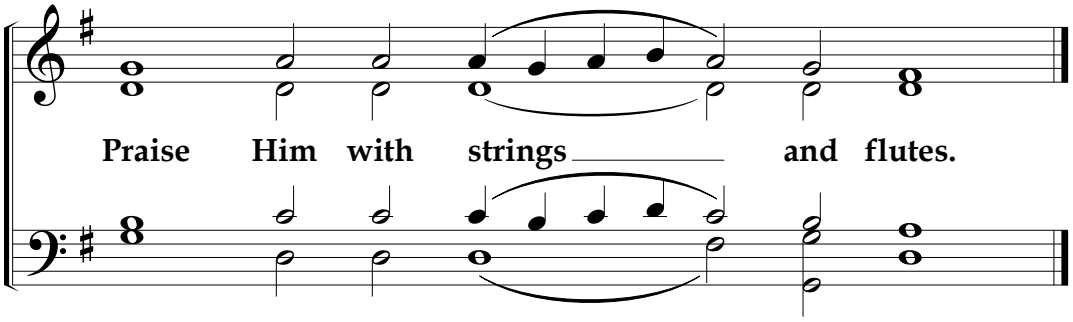

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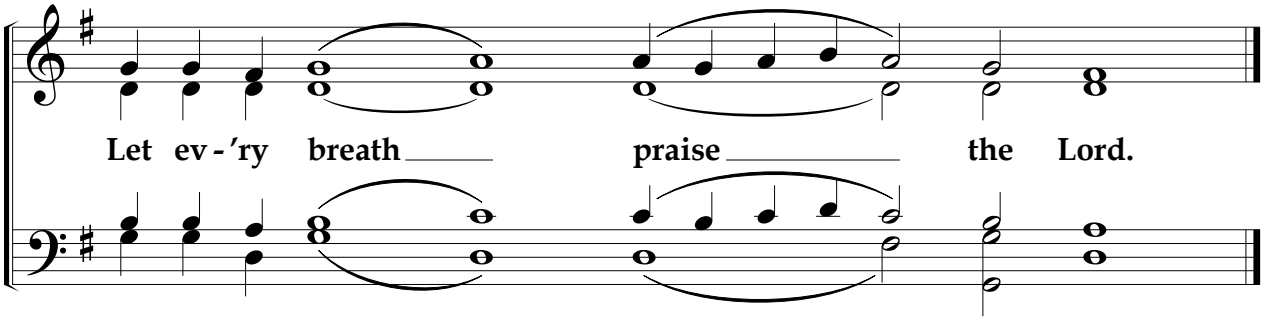

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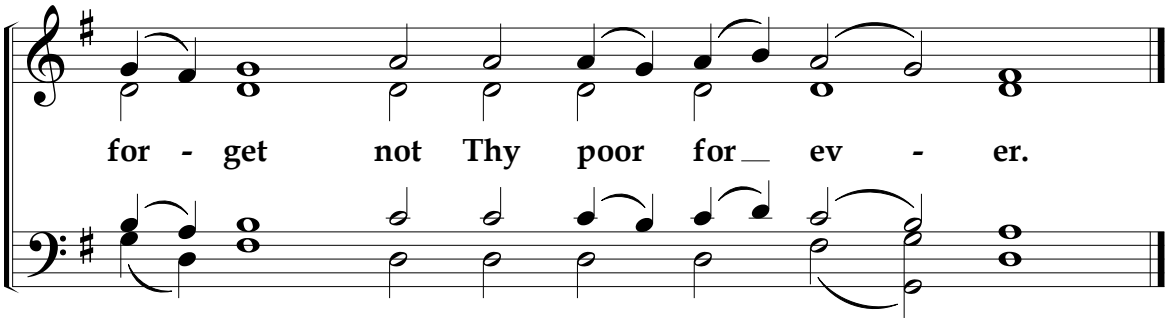

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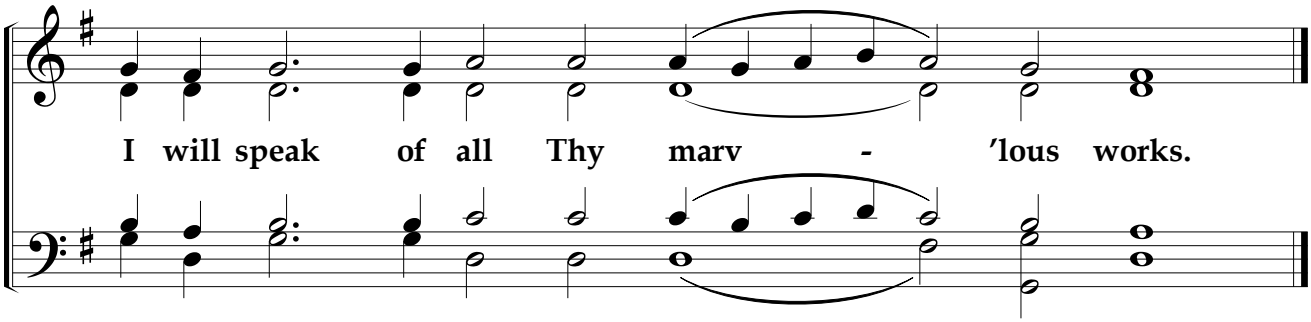
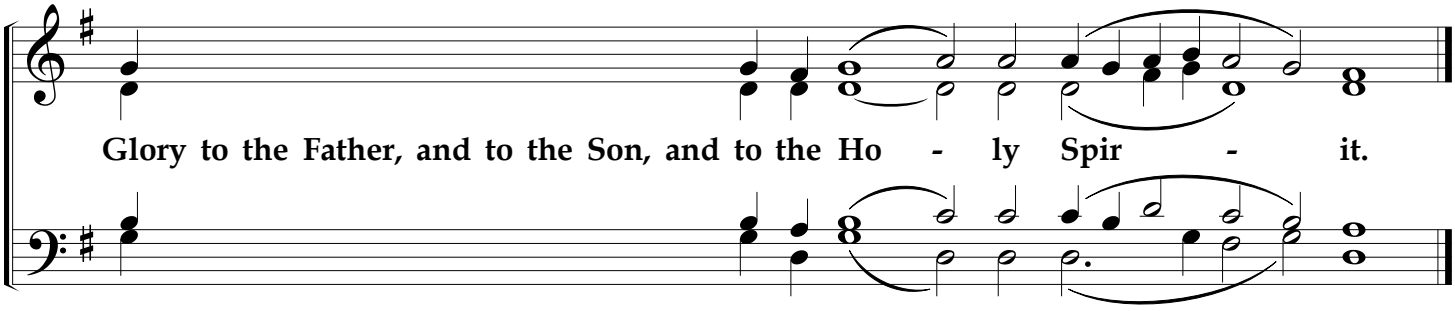
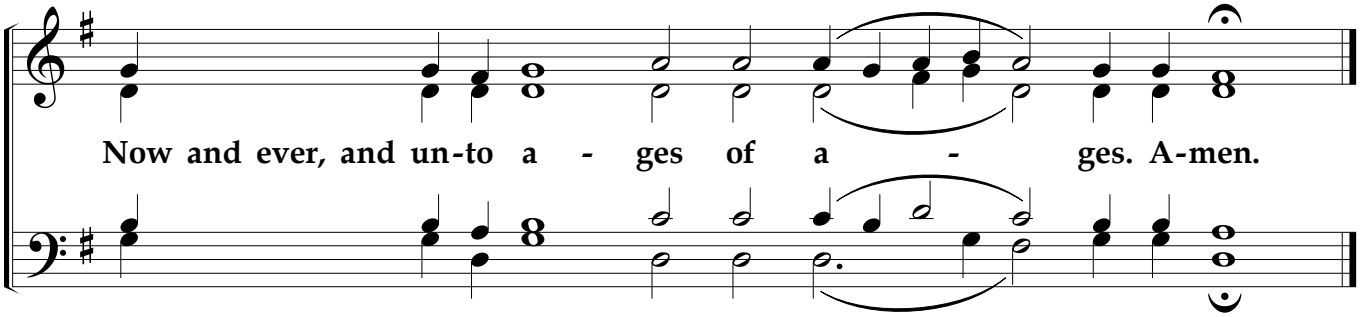


[*If there is a Doxasticon*: Glory, in the Fourth Tone:]



Glory, Now and Ever, in the Fourth Tone:
Glory to the Father, and to the Son, and to the Holy Spirit;
[*or, if there was a Doxasticon*: Now and ever, in the Fourth Tone:]